



STAY HAPPY. STAY HEALTHY. STAY STRONG.

NORTE IS HERE TO HELP YOUNG RIDERS THRIVE.

Norte understands and appreciates that due to the COVID-19 global pandemic, everything looks a little different. One thing that isn't different is our commitment to helping schools, families, and children stay happy, healthy, and strong. We're committed to doing this responsibly with public health measures front and center.

We've learned a lot this past year. Namely, that preventive measures matter and that we can still roll with them in place. We roll out in small teams for all of our programs, mask up, practice physical distancing, and wash or sanitize hands regularly.



Masks: We require face coverings from start to finish for all our programs. This consistency ensures that we're as safe and responsible as possible. It is acceptable to drop one's mask while maintaining social distancing.



Social Distancing: All riders maintain a six-foot distance from others when gathered before, during, and after practice.



Monitoring: We ask that all coaches and teammates complete and pass an online health screen before practice begins every day.



Daily Health Screen



Healthy Habits: We ask riders to follow strict hygiene measures. No sharing. No spitting. No gross "snot-rockets." We ask that all participants wash their hands with soap and water before coming to practice and that they carry their own hand sanitizer for use during rides.



Family Responsibility: We ask Norte families to help everyone stay safe and healthy. Please follow the daily preventive measures when bringing your child to practice. Together we can stop the spread.

- Complete an online health screen before each practice.
- Provide your child with at least one mask and an extra if possible. We also ask that all visitors wear cloth face coverings on arrival and at pickup.

These expectations and other policies are to ensure public health, safety, and happiness for all. Norte's COVID-19 Task Force continues to evaluate the latest requirements and guidelines. We are committed to doing our part to stop the viral spread of the coronavirus.

For general program questions, please contact your child's coach or Norte's Program Director, Ben Boyce, at ben@elgruponorte.org. For COVID-19 related questions, concerns, and ideas, please contact Norte's Advocacy Director, Gary Howe, at gary@elgruponorte.org.